

# AL FALAAH SPORTS BUZZ

Issue No. 03  
21 January 2019

# UPCOMING EVENTS & NOTICES

- The Annual AMS Swimming Gala will be held on the 23<sup>rd</sup> February this term.
- Divisions Under 9, 11, 13, 15, 17 and Open will be participating.
- Please see Girls and Boys schedules for training times and venues.
- All trials will end this week by the 25<sup>th</sup> January. Please make sure your child attends trials if they would like to participate and be part of the selected AMS squads 2019.
- Learn to Swim program commences 21<sup>st</sup> January 2019. All grade 1,2 and 3 learners will be attending these sessions from today. Letter have been sent with learners about dates, times and venues which are Asherville Balkumar Pool and Tills Crecent Pool
- Please take note that while we will take every effort to ensure the safety of your child, there will be no after care supervision for learners attending swimming. Please make sure that necessary arrangements are made so that your child is picked up on time from respective venues.
- Please see change of times for Grd 8-12 Saturday Netball trials.
- A reminder that this will be the last week (22<sup>nd</sup> – 26<sup>th</sup> January) for netball trials.

# PROCEDURES AND MEETING POINTS FOR EXTRA MURAL SPORT

## **SWIMMING**

- Parents and students take note that we transport students to the venue and proper arrangements will need to be made for learners to be fetched from the venue.
- Prior to departing, all learners are to meet coaches(Boys- Mr Hattia/ Coach Yusuf)(Girls – Coach Kausar) on their respective days in the indoor Astro except for boys on a Friday, as they will meet coaches directly at the venue.

## **NETBALL**

- After school learners are to meet coach Zakx at the outdoor netball courts.
- Learners can be fetched from the outdoor netball courts after netball training.

## **CRICKET**

- Learners are to meet coach Badat in the indoor Astro straight after school.
- After the session is done all learners are to be fetched from the indoor Astro unless stated otherwise.

## **SOCCER**

- Learners are to meet their respective coaches at the outdoor astro

## **GOLF**

- All learners will meet coach Bux at the outdoor netball courts on their respective golf days

**PLEASE SEE SCHEDULES FOR DAYS, TIMES AND VENUES FOR ALL CODES OF SPORT.**

**THIS NEWSLETTER WILL BE UPDATED WEEKLY**

## FOUNDATION PHASE EXTRA MURAL PROGRAM

SPORT	DAY	DATE	TIME	GRADE	VENUE	COACH
<b>SOCCER</b>	MONDAY	28/01	3:05PM-4:00PM	GRD 3 GIRLS	OUTDOOR ASTRO	Y. HATTIA
	THURSDAY	24/01	2:45PM-4:00PM	GRD 1&2 GIRLS	OUTDOOR ASTRO	Y.HATTIA
<b>CRICKET</b>	TUESDAY	22/01	2:30PM-3:30PM	GRD 1&2 BOYS	INDOOR ASTRO	H.BADAT
			2:50PM-3:50PM	GRD 3 BOYS	INDOOR ASTRO	H.BADAT
	THURSDAY	24/01	2:30PM-3:30PM	GRD 1&2 BOYS	INDOOR ASTRO	H.BADAT
			2:50PM-3:50PM	GRD 3 BOYS	INDOOR ASTRO	H.BADAT
	SATURDAY	26/01	7:15AM-8:15AM	GRD R BOYS AND GIRLS + GRD 1,2,3 GIRLS ONLY	OUTDOOR ASTRO	COACH KAUSAR, ZAKX,YUSUF, DAMAIN
<b>GOLF</b>	WEDNESDAY	23/01	3:15PM-4:15PM	GRD 3 GIRLS	AFC SPORTS GROUND	SHAHEEN MAHOMED

# GIRLS EXTRA MURAL PROGRAM

SPORT	DAY	DATE	TIME	GRADE	VENUE	C.O.D
<b>SWIMMING</b>	TUESDAY	22/01	3:30PM - 4:30PM	GRD 8 - 12	HARTLEY RD PRIMARY	COACH KAUSAR
	THURSDAY	24/01	3:30PM - 4:30PM	GRD 4 - 7	HARTLEY RD PRIMARY	COACH KAUSAR
<b>NETBALL</b>	TUESDAY	22/01	3:15PM - 4:15PM	GRD 4 - 7	AFC NETBALL COURT	COACH ZAKX
	WEDNESDAY	23/01	3:15PM - 4:15PM	GRD 8 - 12	AFC NETBALL COURT	COACH ZAKX
	SATURDAY	26/01	8:30AM - 9:30AM	GRD 4 - 7	AFC NETBALL COURT	COACH ZAKX
			9:30AM - 10:30AM	GRD 2 & 3	AFC NETBALL COURT	COACH ZAKX & KAUSAR
			11:30AM - 12:30PM	GRD 8 - 12	AFC NETBALL COURT	COACH KAUSAR
<b>GOLF</b>	WEDNESDAY	23/01	3:15PM - 4:15PM	GRD 4 - 6	AFC SPORTS GROUNDS	SHAHEEM MAHOMED

# BOYS EXTRA MURAL PROGRAM

SPORT	DAY	DATE	TIME	GRADE/ DIV	VENUE	COACH
<b>SWIMMING</b>	MONDAY	28/01	3:30PM-4:30PM	GRD 8 - 12	HARTLEY RD PRIMARY	Y. HOOSAIN
	FRIDAY	25/01	3:00PM-4:00PM	GRD 4 - 7	HARTLEY RD PRIMARY	Y. HATTIA
<b>CRICKET</b>	TUESDAY	22/01	2:50PM-3:50PM	GRD 4 - 6	INDOOR ATRO	H. BADAT
	THURSDAY	24/01	2:50PM-3:50PM	GRD 4 - 6	INDOOR ASTRO	H. BADAT
<b>GOLF</b>	MONDAY	28/01	3:15PM-4:15PM	GRD 4 - 6	AFC SPORTS GROUND	SHAHEEN MAHOMED

## BOYS AMS SOCCER PROGRAM

DAY	DIVISION	TIME	VENUE	COACH	MANAGER
<b>MON</b>	U 9 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	COACH MOOSA	YASEEN 084 510 0848
<b>TUES</b>	U11 &U13 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	COACH DAMAIN	Zubair 082 786 0679
<b>WED</b>	U15 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	COACH SIHLE	EBRAHIM MEHTAR 082 786 2569
	U17 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	MOHAMMED SHAIKH	MOHAMMED SHAIKH 082 887 1823
<b>THURS</b>	U9 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	COACH MOOSA	YASEEN 084 510 0848
	U11 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	COACH DAMAIN	M.MAHOMEDY 082 786 0679
	U13 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	COACH OSSIE	OSSIE PARUK 083 786 1702
<b>FRIDAY</b>	U15 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	COACH SIHLE	EBRAHIM MEHTAR 082 786 2569
	U17 AMS SQUAD TRAINING	6 – 7:30PM	AFC OUTDOOR FIELD	MOHAMMED SHAIKH	MOHAMMED SHAIKH 082 887 1823
<b>SAT</b>	U6, U7, U8 SKILLS DEVELOPMENT	8:30- 9:30AM	AFC OUTDOOR FIELD	COACH MOOSA	KAJEE 083 639 9933
	UNDER 9	10 – 11:30AM	AFC OUTDOOR ASTRO	COACH MOOSA	YASEEN 084 510 0848
	UNDER 11	10 – 11:30AM	AFC OUTDOOR ASTRO	COACH DAMAIN	M.MAHOMEDY 082 786 0679
	UNDER15	10 – 11:30AM	AFC OUTDOOR ASTRO	COACH SIHLE	EBRAHIM MEHTAR 082 786 2569
	UNDER 17	CONFIRM WITH COACH	AFC OUTDOOR ASTRO	MOHAMMED SHAIKH	MOHAMMED SHAIKH 082 887 1823